

MIDDLE/HIGH SCHOOL BREAKFAST MENU
OCTOBER 1- 31, 2007

Monday	Tuesday	Wednesday	Thursday	Friday
1 Bagel/Cream Cheese/Jelly	2 uPpside dOwn dAy! Pizza And/Or Cereal Choice	3 Muffin And/Or Cereal Choice	4 Eggstravaganza/Toast/Jelly And/Or Cereal Choice	5 NO SCHOOL
8 Pop Tart (2 pkg)	9 Toasted Breakfast Bread/ String Cheese And/Or Cereal	10 Scrambled Eggs /Texas Toast/Jelly And/Or Cereal Choice	11 English Muffin Sandwich And/Or Cereal Choice	12 Waffles w/Syrup And/Or Cereal Choice
15 Pop Tart (2 pkg)	16 Muffin And/Or Cereal Choice	17 Yogurt/Grahams And/Or Cereal Choice Fruit Choice (No Juice)	18 Cheese Omelet/Bagel/Jelly And/Or Cereal Choice	19 Cinnamon Bun And/Or Cereal Choice
22 Pop Tart (2 pkg)	23 Grilled Egg Patties/ Toast And/Or Cereal Choice	24 Texas Cinnamon Toast And/Or Cereal Choice	25 Muffins And/Or Cereal Choice	26 Breakfast Wrap And/Or Cereal Choice
29 Pop Tart (2 pkg)	30 Cinnamon Bun And/Or Cereal Choice	31 Scrambled Eggs/Toast/Jelly And/Or Cereal Choice		

A choice of milk and apple or orange juice is offered daily.
 Fruit Choice: ½ banana, 1 orange, ½ cup applesauce or ½ cup peaches.

